



THE FREEMASONS'  
GRAND CHARITY

# CASE STUDY FoodCycle

In 2011, FoodCycle received a minor grant of £3,150

FoodCycle builds communities by combining volunteers, surplus food, and spare kitchen spaces to create nutritious meals for people at risk from food poverty.

FoodCycle is a national charity that runs a network of local, volunteer-powered community projects. Through their Hubs Programme FoodCycle empower groups of local volunteers to collect surplus food and cook it in spare kitchen spaces. The dedicated volunteers then serve up healthy, nutritious meals to those at risk from food poverty and social isolation in the local community. FoodCycle feed lots of different group of people who need their food, including low-income families, the elderly, the homeless, refugees, asylum seekers, and those affected by mental ill health.

FoodCycle think that the best way of fighting food poverty and building communities is to bring people together and at the dining table over a tasty, nutritious three-course meal!

*"It's like an extension to the family dining table, only everyone's invited"*

-Rob, Hub Leader, Norwich.

*Minor grants are a wonderful way of supporting smaller charities which play important and vital roles within the community, and are a very popular part of our grant making programme.*



*"I like coming to FoodCycle to enjoy a good meal and coming to FoodCycle helps me feel part of the community as well as give me good food."*

- Pat Hutt, pensioner living in sheltered accommodation and Cambridge Hub beneficiary

*If you would like to find out more about FoodCycle please contact Louise on 0207 377 8771 or visit: [www.foodcycle.org.uk](http://www.foodcycle.org.uk)*



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The Freemasons' Grand Charity, 60 Great Queen Street, London, WC2B 5AZ  
T: 020 7395 9261 F: 020 7395 9295 Registered Charity No. 281942  
E: [info@the-grand-charity.org](mailto:info@the-grand-charity.org) [www.grandcharity.org](http://www.grandcharity.org)